

TREASURES OF TOMORROW

# PADS *for* GIRLS



## 1 IN 10 GIRLS

in Africa misses school during her menstrual cycle, according to the United Nations Education Agency. In Uganda, one of the biggest obstacles for girls attending school is a lack of sanitary pads, often too expensive for families to afford.

According to Uganda's Ministry of Education, girls

## LOSE 6 WEEKS OF SCHOOL

each year while they stay home due to their menstruating cycle.

The poverty cycle in Uganda can be broken when girls stay in school. Poor girls who cannot afford pads resort to unhygienic and unsafe solutions. Girls in rural areas of Uganda engage in transactional sex, or are sexually exploited to get money for basic feminine supplies like pads; hence, the risk of HIV and STI's. Alternatively, others miss school, sports, friends and relationships altogether to avoid embarrassment from bloodstained clothes/uniforms.

On average, a girl misses 5 school days in a month; this means 20 learning days in a term. A year has 3 terms, this means losing 60 learning days per year. A girl in secondary school who studies for 4 years would lose 240 days cumulatively throughout their high school education. This is about 8 months of school absenteeism within a period of 4 years. This fact also increases the possibility of dropping out of school.

**Make your donation today to help us reach our fundraising goal of \$5,000.00 for Pads for Girls. Our goal is to support 200 girls with pads and underwear.**

- \$20** is enough to buy pads that will last a girl 12 Months.
- \$100** can provide pads for 5 girls for 12 months.
- \$200** can provide pads for 10 girls for 12 months.
- \$400** can provide pads for 20 girls for 12 months.
- \$600** can provide pads for 30 girls for 12 months.
- \$1000** can provide pads for 50 girls for 12 months.

Please make checks payable to: *Treasures of Tomorrow*  
Mail check to: P.O.Box 55013, NW  
Washington, DC 20040

Visit [www.treasuresoftomorrow.org](http://www.treasuresoftomorrow.org) for donations via paypal and credit card.

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